

# ATBC + SCB Africa Meeting, Arusha 2011



## Organised Fieldtrips

Mt. Meru Trekking, 8 - 11 and 17 - 20 June 2011



**Description:** If we're lucky, you'll be seeing Mt. Meru daily from Arusha City, but it's another matter altogether hiking this sister mountain to Mt. Kilimanjaro. Although not quite as high as "Kili", this is still Africa's fourth highest mountain (4556 m). In fact, it is a tougher mountain to hike than Kili and often used as the 'practice run' for your longer trek up Kili. You'll need to be prepared for a strenuous four days of hiking, the final ascent done at night time to avoid the heat, the direct sunlight, to make it for a spectacular sunrise, and to obscure the steep hike ahead as you contemplate each step. Hike Mt. Meru before the meeting to feel superior, or after the meeting to sign off before leaving Arusha.

Mt. Meru is located inside Arusha National Park, so you'll see buffalo, giraffe, antelope, baboon and colobus monkey as well as numerous species of birds in the cloud forest and on the plains. You will pass through magical cloud forest and then as you trek out onto the high heath, have fabulous views across the great plains of Tanzania to the Rift Escarpment and to Kilimanjaro. The summit approach on Meru takes you around a volcanic cone and jagged rim of austere and giant proportions. The views are phenomenal.

**Total duration:** 3 nights, 4 days

**Requirements:** Lungs of steel, thighs like trunks, mental strength, and peace of mind.

**Group size:** Flexible

**Cost:** Ranges from \$595 per person (5 pax) to \$909 (1 pax.). Costs includes: transport, park-related fees, accommodation on Meru (3 nights), food & water. Excludes tips.

**Book now!** Complete the [Fieldtrip Booking Form](#).

**Inquiries:**

Email: [fieldtrips@atbc-scbafrika2011.org](mailto:fieldtrips@atbc-scbafrika2011.org)

**Equipment and preparation:**

Don't forget your camera and hiking boots! You can rent warm clothes, gloves, valaclavas, etc., if you don't want to bring bulky winter clothes.

